



# SYOSSET HIGH SCHOOL COLLEGE APPLICATION WORKSHOP

SEPTEMBER 15, 2022

GUIDANCE DEPARTMENT

# PARENT BRAG SHEET

Dear Parent/Guardian,

Please answer **any** of the questions that you feel would be helpful to share about your child.

1. What would you most like a college admission officer to know about your child?
2. What should I know about your child that I may not already know?
3. What qualities do you most admire about your child?
4. Describe specific events that have made you particularly proud to be this child's parent.
5. Describe areas in which you have noticed the most growth and personal development.
6. If applicable, provide an explanation of any family, health or other circumstance that has affected your child's secondary school performance.

**Please type your responses and return to me via email.**

Thank you,

Your School Counselor

# STUDENT BRAG SHEET

Dear Student,

This is your opportunity to provide me with information that you would like a college admissions counselor to know about you.

Please answer **ANY** of the following questions. Most students typically write between 250 and 500 words, but feel free to write as much as you like.

1. What are you most proud of (personal or academic)?
2. What is the biggest challenge or obstacle you have overcome and how has it impacted you?
3. Discuss your academic interests/passions/favorite subjects. What have you done outside of class to pursue them, i.e. internships, part-time jobs, community service, etc.?
4. What extracurricular activity/community activity has been most meaningful to you and why? Have you assumed a leadership position?
5. What are three adjectives that best describe you and why?
6. What strengths would you like to develop?
7. Is there any book, video, or creative work that has had an impact on you and why?
8. What do you want to accomplish in the years ahead?

**Please type your responses and return to me via email.**

Thank you,

Your School Counselor



# SUPPLEMENTAL COMMENT FORM

**STUDENT:** This form can be given to the **Elective Teacher, Advisor, Employer or Coach** of your choice.

**STUDENT** \_\_\_\_\_ **COUNSELOR** \_\_\_\_\_ **DATE DUE** \_\_\_\_\_

**TEACHER/ADVISOR/COACH** \_\_\_\_\_

**COURSE/ACTIVITY** \_\_\_\_\_ **GRADE WHEN TAUGHT** \_\_\_\_\_

- *Please provide any anecdotes or examples that demonstrate the student's strengths, achievements or notable qualities. Thank you.*

# 2022-2023 ESSAY PROMPTS

## COMMON APPLICATION

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Choose one essay question which will go to every school (650 words maximum). Individual colleges may require additional supplements of similar length.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?.
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

“Through the Common App essay prompts, we want to give all applicants, regardless of background or access to counseling, the opportunity to share their voice with colleges. Every applicant has a unique story. The essay helps bring that story to life.”

Meredith Lombardi, Associate Director,  
Outreach and Education for The Common Application

# COALITION ESSAY PROMPTS

## 2022 - 2023

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Many of the colleges and universities that accept the Coalition application require you to submit at least one essay as part of your application. You can start working on these essays at any time and save drafts in your MyCoalition Locker. While there is no perfect length for an essay, we recommend that you aim for 500 to 550 words. For more information on specific application requirements, please consult the website for each institution to which you are applying as requirements often vary.

1. Tell a story from your life, describing an experience that either demonstrates your character or helped to shape it.
2. What interests or excites you? How does it shape who you are now or who you might become in the future?
3. Describe a time when you had a positive impact on others. What were the challenges? What were the rewards?
4. Has there been a time when an idea or belief of yours was questioned? How did you respond? What did you learn?
5. Submit an essay on a topic of your choice.

# SENIOR COLLEGE APPLICATION CHECKLIST

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## STEP 1: PREPARATION AND RESEARCH:

- Supplemental Comment Forms
- Parent Brag Sheet
- Student Brag Sheet
- Extracurricular Activity Sheet
- Typed Activity Resume
- Essay
- Attend virtual college information sessions
- Sign up for virtual college on-site evaluations (to be announced)

## STEP 2: THE APPLICATION PROCESS

- Create a Common Application account using the 2022-23 version.  
Complete all sections up to and including Education section:  
<https://www.commonapp.org>
- List all schools in "My Colleges"
  - **This list should match "Colleges I'm Applying To" list in Naviance.**  
**Please update regularly as your list may change.**
- Complete FERPA waiver form through Common Application
- Review applications and supplements with your counselor
- Be aware of application deadlines
- Let your counselor know ASAP if you have a deadline of November 1 or earlier (applying Early Decision/Early Action.)

## STEP 3: FORMALTEACHER RECOMMENDATIONS

- Invite 1-2 **academic content teachers** in your Naviance account:  
Click on College Tab ► Under "Apply To College" click on Letters of Recommendation  
    ► Click Add Request ► Scroll to Teacher ► Personal Note Box  
(include a personal thank you and a reminder of application deadline dates)

## STEP 4: SEND OFFICIAL SCORE REPORTS

- Send SAT scores via collegeboard.org and ACT scores via act.org

## STEP 5: SUBMITTING APPLICATIONS

- Monitor college's requirements and deadlines
- Make a virtual full period appointment on your virtual day: SHS Website-Guidance Appointment Form
- Complete **Transcript Request Form** prior to appointment (Guidance Website)  
**The Transcript Request Form should be submitted no later than December 1.**

## STEP 6: FOLLOW UP

- Check to make sure that colleges have received your completed application.
- Midyear grades will be sent to each of your colleges after second quarter.
- \*\*Colleges want to see you are the same student you were when you first applied.**



## SHS TRANSCRIPT REQUEST FORM 2022-2023

APPLICATION DEADLINE	TRANSCRIPT REQUEST FORM DUE DATE
NOVEMBER 1	OCTOBER 7
NOVEMBER 15	OCTOBER 21
DECEMBER 1	NOVEMBER 4
DECEMBER 15	NOVEMBER 18
JANUARY 1	DECEMBER 2
JANUARY 15	DECEMBER 18

**PRIOR TO SUBMITTING THIS FORM, PLEASE COMPLETE THE FOLLOWING STEPS:**

- Sign the FERPA Waiver found on the Common Application
- Match your Naviance and Common Application accounts
- Officially submit your SAT and/or ACT scores to your colleges **(if required!)**
- Testing procedures have changed at many colleges. Please be thorough, complete and careful in your research to understand what each college is expecting of you in the application process

***\*It is your responsibility to virtually meet with your Guidance Counselor at least fifteen (15) school days prior to any deadline, to hand in your Transcript Request Form\****

Your Name:	Your Counselor:	TR Form Submission Date:

Formal Teacher Letters of Recommendation (in order of preference):

1.	2.	3.
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Name, City & State of College:	Deadline:	Application Option:	Application Type:
Ex.: SUNY Cortland, Cortland, NY	11/15	Early Action	Common App
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

# Syosset Central School District

Dr. Thomas L. Rogers  
Superintendent of Schools

Syosset High School  
70 Southwoods Road  
Syosset, NY 11791-3200

Administrative Assistants 516-364-5680  
Attendance 516-364-5683  
Guidance 516-364-5686  
Main Office 516-364-5675  
Nurses' Office 516-364-5696  
FAX 516-364-8018

Ms. Adele Bovard  
Deputy Superintendent

Dr. Giovanni Durante  
Principal

Raymond C. Gessner  
Christopher Ruffini  
David Steinberg  
Assistant Principals

Maryanne Concessi  
Shai Fisher  
Thomas Fusco  
Administrative Assistants

## OFFICE OF PUPIL PERSONNEL SERVICES

### AUTHORIZATION FOR THE RELEASE AND/OR EXCHANGE OF RECORDS

Syosset Central School District is authorized to exchange and/or release pupil personnel information regarding:

\_\_\_\_\_  
Name of Student

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Address

with:

\_\_\_\_\_  
Agency Name

\_\_\_\_\_  
Contact Name

\_\_\_\_\_  
Address

with regard to the following existing information (please check):

\_\_\_\_\_ Medical

\_\_\_\_\_ IEP Reports

\_\_\_\_\_ Psychological

\_\_\_\_\_ Psychiatric

\_\_\_\_\_ PT Evaluation

\_\_\_\_\_ Neuro-Psychological

\_\_\_\_\_ OT Evaluation

\_\_\_\_\_ Social History

\_\_\_\_\_ Speech & Language Evaluation

\_\_\_\_\_ Other

This information is to be sent to:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Title

\_\_\_\_\_  
Address

\_\_\_\_\_  
Parent or Legal Guardian Signature/Date

\_\_\_\_\_  
Student (if 18 years or older) must sign  
own name/Date

# College Admissions Representative Visits

## How To Register:

- Log into your Naviance account.
- Scroll over to “Colleges”
- Click on “College Visits”
- Then click “Register Now” to register.

The screenshot shows the Naviance website interface. At the top, there is a navigation bar with five tabs: Home, Self-Discovery, Careers, Colleges, and Planner. The 'Colleges' tab is currently selected. Below the navigation bar, there are two main columns of links. The left column is titled 'Research Colleges' and includes links for 'Colleges I'm Thinking About', 'College Visits' (which is highlighted in light blue), 'College Compare', 'Acceptance History', and 'College Maps'. The right column is titled 'Apply to College' and includes links for 'Colleges I'm Applying to', 'Letters of Recommendation', and 'Test Scores'. Below these columns is a section titled 'What's New' with a teal header. This section contains three entries, each with a calendar icon and a 'more info' link: 1. Vanderbilt University will be visiting your school on Monday, September 12th, 2022 at 9:10 am. 2. Emory University will be visiting your school on Tuesday, September 13th, 2022 at 12:06 pm. 3. Washington University in St Louis will be visiting your school on Wednesday, September 14th, 2022 at 9:54 am. At the bottom of the 'What's New' section, there is a 'Show more' link with a downward-pointing arrow.

\*Students will receive a notification in their Naviance account when a school signs up for a visit **IF** that school is listed in their “Colleges I’m Thinking About” tab.

\*Check weekly for updates!

**SYOSSET HIGH SCHOOL  
GUIDANCE DEPARTMENT**

**COLLEGE TESTING CALENDAR**

**2022-2023**

IT IS ADVISABLE TO REGISTER WELL IN ADVANCE OF THE REGULAR REGISTRATION TO ENSURE THAT YOU ARE ASSIGNED TO YOUR FIRST CHOICE TEST CENTER.

<u>TEST</u>	<u>TEST DATE</u>	<u>REGULAR REGISTRATION DEADLINE</u>
SAT *	August 27	July 29
ACT & Writing Option*	September 10	August 5
SAT	October 1	September 2
PSAT	October 15	Info coming in September
ACT & Writing Option *	October 22	September 16
SAT *	November 5	October 7
SAT *	December 3	November 3
ACT & Writing Option *	December 10	November 4
ACT & Writing Option *	February 11	January 6
SAT *	March 11	February 10
ACT & Writing Option	April 15	March 10
SAT	May 6	April 7
SAT	June 3	May 4
ACT & Writing Option	June 10	May 5
ACT & Writing Option*	July 15	June 16

**\* THESE TESTS ARE NOT GIVEN AT SYOSSET HIGH SCHOOL**

Syosset School Code.....335-443  
SAT Test Center Number.....33-906  
ACT Test Center Number.....199590