

SYOSSET CENTRAL SCHOOL DISTRICT – CLEARANCE FOR PE/ATHLETICS POST COVID-19 INFECTION

In rare instances, students who have recovered from COVID-19 may have some lingering cardiac health issues. The district physician has advised that students should receive clearance from a family physician before returning to Physical Education class or participating on an athletic team. However, given the challenges of scheduling such appointments at this time, we have developed a screening questionnaire and waiver option for parents to carefully consider. If your child has tested positive for COVID-19 and you wish to take advantage of this option, please complete the screening form below and return it to the school nurse.

Since having COVID-19 does your child experience:

- Excessive shortness of breath
- Chest pains
- Palpitations (fluttering of heart)
- Syncope (fainting or lightheadedness)
- Was your child hospitalized
- Did your child experience high fevers for an extended period of time

If your child has experienced any of the above symptoms, medical clearance from your child’s health care provider **will be required** before your child can return to Physical Education classes and/or participate on an athletic team.

If your child has not experienced any of the above symptoms, the District will not require medical clearance from your child’s health care provider prior to resuming Physical Education classes and/or participating on an athletic team. However, we strongly encourage parents to seek this clearance from your child’s health care provider.

ATTESTATION – By signing below, I am representing that my child has not experienced any of the above symptoms, and I accept responsibility for allowing my child to resume Physical Education or athletics without a medical clearance.

Name of Student	
Date of Birth	
Name of School Building	
Name of Person Completing this form	
Relationship to student	
Date	
Signature	