
Social Emotional Learning (SEL) Supports K-5

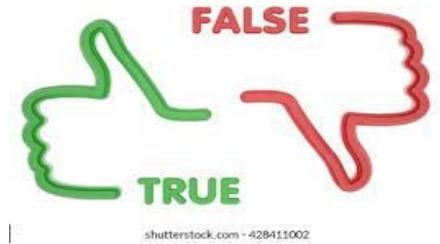
**Implementation in Syosset
Schools**

SEPTA Meeting 1/27/2022



- Introduction
- MTSS Process
- Elementary Tier II/III

Activity



- **T or F:** SEL boosts academic performance and deepens engagement with content. **TRUE**
- **T or F:** SEL is a one-size fits all approach. **FALSE**
- **T or F:** SEL builds relationships and skills that promote healthy well-being. **TRUE**
- **T or F:** SEL is a therapeutic technique. **FALSE**

Social Emotional Learning (SEL)

SEL refers to the integration of social and emotional skills into school curriculum.

By directly and indirectly teaching social and emotional skills, students are supported in developing healthy identities, managing emotions, achieving personal and collective goals, displaying empathy for others, establishing and maintaining supportive relationships, and making responsible and caring decisions.

Social and Emotional Learning Makes a Difference

Decades of research confirm:
Students benefit from SEL in school and in life.



BOOSTS ACADEMICS

Student **academic performance** increased by 11 percentile points

Helped students **manage stress and depression**, & improved their attitudes about themselves, others, and school



IMPROVES MENTAL WELLNESS



SUPPORTS LIFETIME OUTCOMES

Increased well-being up to 18 years later and decreased likelihood of receiving public assistance

Shows an impact on development across **all demographics and backgrounds**



BENEFITS ALL STUDENT GROUPS



RETURN ON INVESTMENT

On average, for every dollar invested in SEL, there is an **\$11 return of benefits**

CASEL Competencies

Self-Awareness



Understand one's own emotions, thoughts, and values and how they influence behavior.

Self-Management



Manage one's emotions, thoughts, and behaviors in different situations.

Social Awareness



Understand the perspectives of and empathize with others, including those from diverse backgrounds.

Relationship Skills

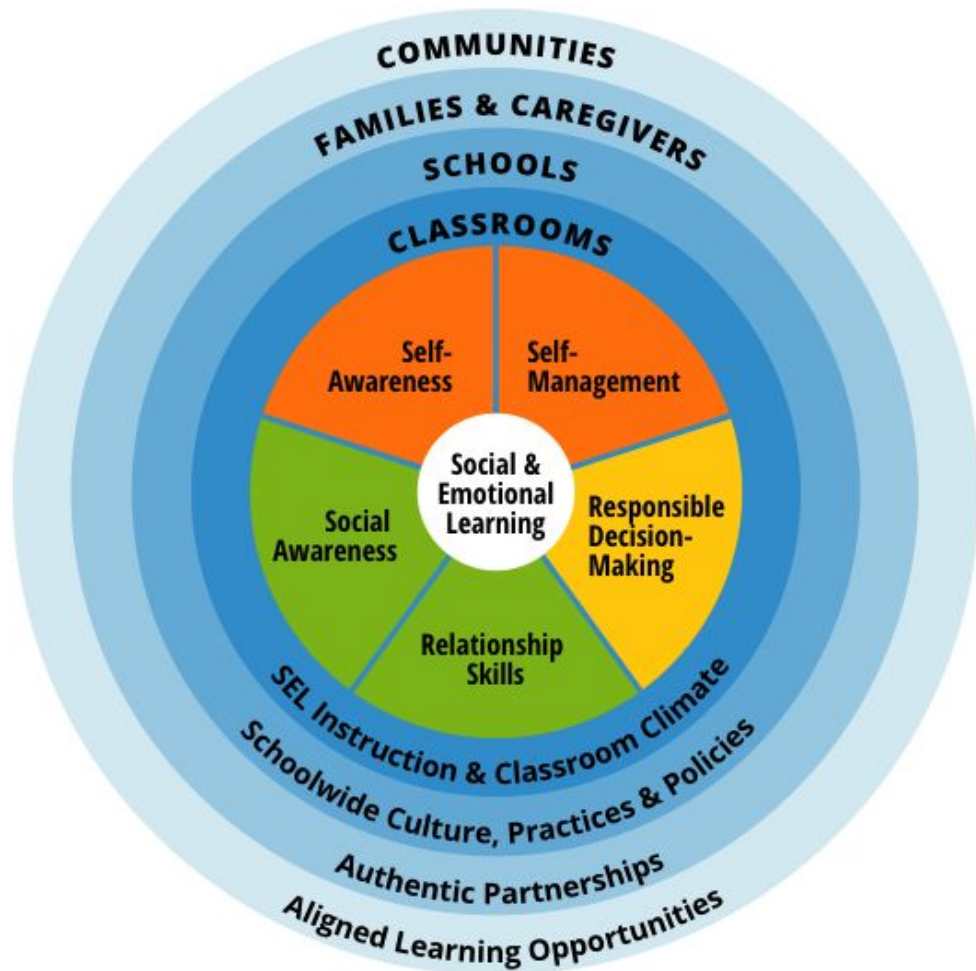


Establish and maintain healthy, supportive relationships and effectively navigate settings with diverse individuals/groups.

Responsible Decision-Making



Make caring and constructive choices about personal behavior and social interactions across diverse situations.



Syosset MTSS



Tiered Supports

Academics

Tier 3: Intensive
1 - 5%
Individual, intensive instruction and learning.

Tier 2: Strategic
5 - 10%
Small group, differentiated, strategic instruction

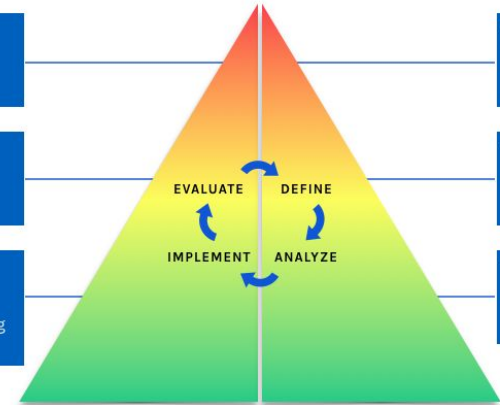
Tier 1: Core
80 - 90%
Standards-based classroom learning; differentiation using core curriculum

Behavior

Tier 3: Intensive
1 - 5%
Individual, assessment-based, intense, durable procedures

Tier 2: Strategic
5 - 10%
Some students, rapid response, high efficiency

Tier 1: Core
80 - 90%
Positive behavior support and school climate



Elementary Tier I: Harmony SEL

- The Harmony Curriculum is a comprehensive elementary program which offers SEL support through:
 - Everyday practices
 - Classroom lessons
 - Resources for generalization to school and home environments
- Harmony has been recognized by the Collaborative for Academic, Social, and Emotional Learning as a CASEL SElect Program



Elementary Supports during Lunch & Recess

- Elementary Social Workers are available to:
 - Facilitate trainings and professional development to aides and monitors
 - Support aides and monitors with strategies to encourage positive, prosocial student behavior
 - Student observations
 - Opportunities to support positive behavioral interventions and supports (PBIS)

Elementary SEL Lessons and Teacher Consultation

- Elementary School Social Workers also provide SEL lessons based on specific classroom needs. Some topics have included:
 - Conflict Resolution
 - Managing Anxiety
 - Practicing Empathy
- Additionally, when support is needed in a particular area, Elementary School Social Workers share strategies for teachers and/or students.

Elementary Tier II and III: Individual and Group Counseling

- Students are identified through MTSS process
- Recommendations made to meet student needs



Types of Groups/Topics - Generated through MTSS discussion based on areas of need:

- ★ Coping Skills
- ★ Friendship and Play Skills
- ★ Anxiety
- ★ Changing families (transitions within families)
- ★ Self-regulation
- ★ New Student Groups

Resources

- Syosset Parent Support Resources - <https://www.syossetschools.org/domain/294>
- CASEL SEL With Family & Caregivers - <https://casel.org/systemic-implementation/sel-with-families-caregivers/>
- Confident Parents, Confident Kids Book (and other parent resources) - <https://confidentparentsconfidentkids.org/the-book/>
- Harmony SEL Home Activities - <https://www.sanfordharmony.org/wp-content/uploads/2020/03/Sanford-Harmony-Lessons-and-Activities-at-Home-1.pdf>
- Family Activities - <https://go.panoramaed.com/hubfs/Family-Activities-Checklist.pdf>
- Child Empowerment - <https://betterkids.education/parents#empower-your-kids-with-wisdom>

Social Worker Contact Information

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