

**SYOSSET CENTRAL SCHOOL DISTRICT**

**DEVELOPMENTAL  
SCHOOL COUNSELING  
PROGRAM**

**K-12**

# Grades K- 5

The K - 5 guidance plan is committed to meeting the guidance regulations established by New York State, as well as the national standards for School counseling programs. This plan is designed to assist students in preparing to participate effectively in their current and future educational programs. It is focused on addressing academic, social/emotional, and attendance-related matters while encouraging parental involvement.

## Academics

**A. Program Objective:**

- a. The following programs will promote academic growth and achievement.

**B. Target Population:**

- a. Grades K - 5

**C. Expected Outcome(s):**

- a. Students will demonstrate academic growth and achievement as they progress through Elementary School.

**D. Annual Assessment:**

- a. A variety of data resources will be examined at the district and building level to inform instruction.

**E. Program Description:**

**SYOSSET CENTRAL SCHOOL DISTRICT SCHOOL COUNSELING/GUIDANCE PROGRAM DELIVERY MAP**

**DISTRICT GOAL**

Grade Levels	<b>Program Activity/Service With Target Students &amp; Timeline</b> (Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral, advisement)	Tier (1,2,3)	<b>Student Standards</b> (ASCA Mindsets & Behaviors, CDOS, Health, FACS, SEL)	Program Objectives	Staff & Resources	<b>Assessment &amp; Evaluation Methods</b> (process, perception, outcomes)
K	Kindergarten Screening-Dial 4	1-3	Next Generation Learning Standards	Ascertain foundational skills	MTSS Team*	MTSS Meetings- Articulation Meetings with staff
K-5	Universal Screener and Progress Monitoring	1-3	Next Generation Learning Standards	Collect data in the areas of Reading and Math to demonstrate growth and achievement	All Staff	Data collected from NWEA Maps
K-5	Pull Out to Learning Center for research based intervention programs (i.e. LLI, HELPS, Foundations, etc...) Push in to classrooms for individual support	2-3	Next Generation Learning Standards	Close achievement gap	Intervention Staff	Progress monitoring tool- AIMSweb

\*MTSS Team includes: Principal, Psychologist, Special Education Teachers, SLP's, OT's, PT's, ENL, BCBA's, Classroom Teachers, Enrichment Specialists

# **Social Emotional**

**F. Program Objective:**

- a. **The following programs will promote social/emotional wellness and awareness.**

**G. Target Population:**

- a. **Grades K - 5**

**H. Expected Outcome(s):**

- a. **Students will build skills toward social/emotional balance as they progress through Elementary School.**

**I. Annual Assessment:**

- a. **A variety of data resources will be examined at the district and building level to inform the social/emotional direction of the program.**

**J. Program Description:**

**SYOSSET CENTRAL SCHOOL DISTRICT SCHOOL COUNSELING/GUIDANCE PROGRAM DELIVERY MAP**

**DISTRICT GOAL**

Grade Levels	<b>Program Activity/Service With Target Students &amp; Timeline</b> (Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral, advisement)	Tier (1,2,3)	<b>Student Standards</b> (ASCA Mindsets & Behaviors, CDOS, Health, FACS, SEL)	<b>Program Objectives</b>	<b>Staff &amp; Resources</b>	<b>Assessment &amp; Evaluation Methods</b> (process, perception, outcomes)
K-5	Sanford Harmony: Research Based Program	1-3	NY State Social Emotional Learning Standards CASEL Alignment Guide	To help students become aware of feelings and be able to communicate feelings to others. To help faculty and staff build social/emotionally responsible classroom communities.	All Staff	Teacher feedback on growth made in student(s) Improved lunch and recess behavior measured by a decrease in discipline referrals
K-5	Character Education Assemblies		NY State Social Emotional Learning Standards	Internet educate/safety, SEL, peer mediation	All Staff	Observational Data : Decreased discipline referrals
K-5	PRIDE		NY State Social Emotional Learning: CASEL Alignment Guide Standards	Districtwide approach to SEL Acceptance of all Creating an understanding of acts of kindness	All Staff	Positive signage throughout building promoting kind acts- observations of teachers
3-5	Peer Mediators		NY State Social Emotional Learning Standards	Promote student leadership in conflict resolution skills	All Staff	Impact on student relationships and disciplinary referrals

# Attendance

**K. Program Objective:**

- a. The following programs will promote positive attendance in schools.

**L. Target Population:**

- a. Grades K - 5

**M. Expected Outcome(s):**

- a. Students will attend school regularly as a result of attendance services working with parents to ensure consistent attendance.

**N. Annual Assessment:**

- a. A variety of data resources will be examined at the district and building level to inform the social/emotional direction of the program.

**O. Program Description:**

**SYOSSET CENTRAL SCHOOL DISTRICT SCHOOL COUNSELING/GUIDANCE PROGRAM DELIVERY MAP**

**DISTRICT GOAL**

<b>Grade Levels</b>	<b>Program Activity/Service With Target Students &amp; Timeline</b> <small>(Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral, advisement)</small>	<b>Tier (1,2,3)</b>	<b>Student Standards</b> <small>(ASCA Mindsets &amp; Behaviors, CDOS, Health, FACS, SEL)</small>	<b>Program Objectives</b>	<b>Staff &amp; Resources</b>	<b>Assessment &amp; Evaluation Methods</b> <small>(process, perception, outcomes)</small>
K-5	Infinite Campus	1-3	NYSED Law 3205 and Regulations: Syosset Attendance Policy	To help students attend school on a consistent basis and to monitor frequent absences.	Office Staff Nurse Classroom teachers MTSS Team*	Daily attendance collected by the classroom teachers
K-5	Parent Conferences	1-3	NYSED Law 3205 and Regulations: Syosset Attendance Policy	To maintain open lines of communication with families	Teaching faculty	Parent feedback relative to SEL component of report card
K-5	Written Communication by Administration		NYSED Law 3205 and Regulations: Syosset Attendance Policy	To help students attend school on a consistent basis and to monitor frequent absences.	Building Administration	Monitor numbers of required letters by building
K-5	Attendance Phone Calls by Office Staff		NYSED Law 3205 and Regulations: Syosset Attendance Policy	To help students attend school on a consistent basis and to monitor frequent absences.	Office Staff	Monitor numbers of phone calls by building
K-5	Calls by nurse		NYSED Law 3205 and Regulations: Syosset Attendance Policy	To maintain open lines of communication with families in need	Building nurse staff	Monitor number of phone calls by building

\*MTSS Team includes: Principal, Psychologist, Special Education Teachers, SLP's, OT's, PT's, ENL, BCBA's, Classroom Teachers, Enrichment Specialists

# Middle School

<b>SYOSSET CENTRAL SCHOOL DISTRICT SCHOOL COUNSELING/GUIDANCE PROGRAM DELIVERY MAP</b>						
<b>DISTRICT GOAL</b>						
<b>Grade Levels</b>	<b>Program Activity/Service With Target Students &amp; Timeline</b> <small>(Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral, advisement)</small>	<b>Tier (1,2,3)</b>	<b>Student Standards</b> <small>(ASCA Mindsets &amp; Behaviors, CDOS, Health, FACS, SEL)</small>	<b>Program Objectives</b>	<b>Staff &amp; Resources</b>	<b>Assessment &amp; Evaluation Methods</b> <small>(process, perception, outcomes)</small>
5	Attend incoming 6th grade CSE Annual Reviews	3	SEL, CDOS	Review disability, discuss appropriate middle school and support services.  Review testing accommodations, program modifications  Articulate academic, social and emotional progress and concerns	School counselors	Effective placement
5	5 <sup>th</sup> into 6 <sup>th</sup> grade visitation	1	SEL	Welcome 5 <sup>th</sup> grade students from each elementary school  Meet with Peers As Leaders  Tour of building (Q&A session, practice opening lockers, opportunity to experience 6 <sup>th</sup> grade lunch)  Articulation between 5 <sup>th</sup> grade teachers and school counselors	School counselors, Peer Leaders, Peers As Leaders advisors, administrators, 5 <sup>th</sup> grade teachers	Middle school transition



5	Summer orientation program for new 6 <sup>th</sup> grade students in late August	1	SEL	<p>Introduce school counselors and administrators</p> <p>Opportunity to familiarize themselves with building and first day of school operations</p> <p>Receive locker and combination, set up locker</p>	School counselors, administrators, Peers As Leaders advisors, Peers As Leaders	Student and teacher feedback
6	Grade 6 Orientation Groups	1	SEL	<p>Have an opportunity to begin forming rapport with their counselor, what our role is in the middle school.</p> <p>Learn about support services in the middle school, extra help, workshops, study club, Homework Club</p> <p>Have discussions about goal setting, time management and organization, SEL, and have students think about responsible decision making.</p>	School counselors	Student Response
6	Peer Educators	1	SEL	<p>9<sup>th</sup> Grade component of the Peers Educators program returns to Middle School to teach lessons to 6<sup>th</sup> students on Middle School transitioning.</p> <p>They meet two times monthly.</p>	School counselors, Peer Educators, Peer Educator teacher	Student and teacher feedback
6	Introduction to Naviance	1	SEL, CDOS, ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	<p>Introduction to the Naviance program</p> <p>Register students with an account</p> <p>Set up profile</p>	School counselors	Naviance account created to be used throughout middle school and continue throughout high school

7	Grade 7 Naviance <i>Roadtrip Nation</i>	1	SEL, CDOS, ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	Students take interest inventory to explore interest which can help guide students to possible elective choices when deciding in 8th grade for high school	School counselors	Receive a complete report of their results which save to their Naviance account for future reference.
8	Evening counseling sessions	1	SEL, CDOS	Counselors are available to meet with 8 <sup>th</sup> grade students and parents for two evenings each year for half hour appointments (2) to program 9 <sup>th</sup> grade high school program.	School counselors	Conversations with student and parent
8	Individual articulation meetings with high school counselors	1, 2, 3	SEL, CDOS	Middle school counselors meet with high school counselors to discuss incoming 9 <sup>th</sup> grade caseload	School counselors	Shared information between middle school and high school counselors to ensure student success
8	Incoming 9 <sup>th</sup> Grade Orientation	1	CDOS, SEL	Attend 9th grade orientation at Syosset High School  Meet and greet with current 8th graders, their parents and high school staff at orientation	School counselors, administration, club advisors, PAL students, club representatives	Middle to high school transition
8	Peer Educators	1	CDOS	School counselors are liaison to 8 <sup>th</sup> grade students applying to program and set up interview process with 9 <sup>th</sup> grade Peer Educators and Peer Ed teacher. Review of course requests, once student is accepted to Peer Ed program	School counselors, Peer Educators, Peer Educators teacher	Application process to be completed in the spring 8 <sup>th</sup> grade year in anticipation for freshman year

6-8	New entrant scheduling	1	SEL, CDOS	<p>Review of previous school records, creating appropriate placement, determining if student needs ENL, special education, AIS or enrichment</p> <p>Helping student(s) and family assimilate to Syosset schools and community</p> <p>Articulation with teachers and staff regarding new student</p>	School counselors, new student and parent(s)/guardian, ENL teacher (when needed)	New Student Group meeting, effective placement
6-8	Individual appointments with counselors	1,2,3	SEL	6 <sup>th</sup> , 7 <sup>th</sup> & 8 <sup>th</sup> grade students are able to make appointments to see us at their convenience throughout the school year to, talk about any social/emotional needs, set goals, and academic concerns.	School counselors	Follow-up meetings, report cards, progress reports
6-8	Individual program planning meetings	1	SEL, CDOS	<p>Review progress reports and quarter report card</p> <p>Be encouraged to attend extra help, and workshops as needed</p> <p>Discuss course requests, teacher recommendations for placement and course options across all subject areas</p>	School counselors	Meeting with students to monitor progress
6-8	Student Support Groups	1	SEL	<p>Open to all 6<sup>th</sup>, 7<sup>th</sup> &amp; 8<sup>th</sup> grade students.</p> <p>ex: New Students' Group, Divorce Group, Friend's Group, Safe Space Group, Bereavement Group, Social Skills Group, Study Skills Group</p>	School counselors, school psychologists, social worker	Student feedback, student progress

6-8	Interventions (Academic, Social/Emotional)	2	SEL, CDOS	MTSS, 504 meetings, IEP meetings, Case Conference, DATA team	School counselors, administrators, social worker, school psychologist, AIS teachers, related service providers	Outcomes can include a 504 plan, referral to CSE, parent meeting, academic supports, emotional supports, accommodations
6-8	Individual Counseling	1	SEL, CDOS	Crisis counseling and referrals, middle school transition, stress management, academic concerns, conflict resolution, anxiety, at-risk behaviors, social/emotional development. Home Visits for school refusal and at-risk students.	School counselors, school psychologists, social worker, teachers	Meeting with students to monitor progress
6-8	Interventions (Academic, Social/Emotional)	2	SEL, CDOS	MTSS, 504 Meetings, and IEP Meetings	School counselors, administrators, social worker, school psychologists, special education Teachers, school nurses	Outcomes can include a 504 Plan, referral to CSE, parent meeting, Academic Supports (e.g., labs or workshops)
6-8	Crisis intervention	2,3	SEL, FACS, Health, ASCA Mindsets & Behaviors	MTSS threat assessment meeting, case conference, reporting to CPS, meeting with CPS and student	School counselors, administration, social worker, school psychologist, school nurse	Follow up with CPS, follow up with MTSS committee, follow up with outside agencies
6-8	Student support groups	1,2,3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Counselors offer several support groups throughout the year ex: Divorce Group, Safe Space Group, New Student Group, Friends Group, Study Skills Workshop, Stress/Anxiety Management Group  MTSS - Counselors meet with a team to discuss any concerns regarding students' academic, social emotional or behavioral challenges.	School counselors, administrative assistant, school psychologist, social worker	Student, teacher and parent feedback.

6-8	Program changes	1,2,3	SEL, CDOS	To enable students to meet with greater measures of success	School counselors	Follow up meetings, attendance reports, progress reports and report cards
6-8	Ongoing individual scheduling appointments	1,2,3	SEL	To support SEL of all middle school students	School counselors	Student response, parental contact, team meetings
6-8	Ongoing counseling meetings with individual students and/or parents	1	SEL	Assisting students with the middle school transition and high school planning. Focusing on decreasing anxiety and increasing self-confidence and self-esteem.	School counselors, school psychologist, social worker	Student progress
6-8	Counselor letters of recommendation for outside private schools, educational programs and other extracurricular activities.	1	SEL, CDOS, ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	Write letters of recommendation highlighting student's strengths, character and academic and personal potential	School counselors	Feedback from outside schools and programs
6-8	Process applications for private and out-of-state schools	1	SEL, CDOS, ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	Review & submit school documents, school transcript, recommendations, school profile etc...)	School counselors	Parent feedback Feedback from the private and out-of-state schools
6-8	CSE meetings/Annual Review meetings	2,3	SEL, CDOS	As a team discuss student progress, review goals and graduation requirements	School counselors, TOR, school psychologist, support personnel	Classification, 504 Plan, review of program

6-8	504 Meetings	2,3	SEL, CDOS	As a team discuss student progress, review goals and graduation requirements.  Case manager of all 504 students, inform all staff of students' disabilities accommodations.	School counselors	Review and modify program accommodations.  Articulate with all teachers and review the 504 plans for students.
6-8	ESL scheduling, counseling, review of records, meetings with interpreters, bilingual social worker referrals, Native language tests, organize testing accommodations for ENL, review NYSESLAT scores for placement	2,3	SEL, CDOS	To inform students & ENL parents about all programs and evaluations pertaining to their child to ensure academic and SEL development. Counselor works collaboratively with ENL teachers.	School counselors, ENL teacher, social worker	Program placement  Student and Parent feedback
6-8	Home Instruction	1,2,3	SEL, CDOS	Coordinate services between home tutoring and school with coursework.	School counselors, teachers, tutors	Parent and student feedback  Home Instruction teacher feedback and reports
6-8	Consult with school psychologist, social worker and outside counseling agencies	1,2,3	SEL	Consult on all cases to help students and families academically, socially and emotionally.	School counselors	Progress Report

6-8	GIRL TALK Initiative	1	SEL, CDOS, ASCA Mindset and Behaviors	Encouraging leadership, career advancement in STEM and business careers, and initiatives for empowerment of Girls	School counselors	Student feedback
6-8	Wellness Week	1,2,3	SEL, CDOS, ASCA Mindset and Behaviors	<p>Drug prevention</p> <p>Lunch periods with activities that promote being tech-free, music appreciation, social skills building (escape room, scavenger hunt), and exercise (yoga, planking, zumba)</p> <p>Mindfulness during Music 6-8 classes</p> <p>Kindness tree</p> <p>Grade level movies (appropriately themed)</p> <p>Staff Pacer challenge, Friendship workshop, "Born This Way" workshop- Celebrating Who You Are</p>	School counselors, related support staff, teachers, guest speakers, presenters, all students	Student Response, committee feedback
6-8	ENL individual support & counseling	2,3		Counselor provides ongoing supportive counseling to ENL students and their parents along with the support of our bilingual social worker.	School counselors, ENL teacher, teachers, social worker	<p>Student and parent feedback</p> <p>Teacher feedback</p>

6-8	Alternative programs: BOCES placements, etc.	3	ASCA Mindsets & Behaviors  SEL, CDOS	Resources for students who have alternative needs to succeed	School counselors, school psychologist, social worker	Student Progress  Parent and student feedback
6-8	504 referrals/CSE referrals	2,3	ASCA Mindsets & Behaviors  SEL, CDOS	Identify and present individual at-risk student to building team.  Discuss and implement strategies	School counselors, school psychologist, social worker	Report and Progress Reports  504 and IEP annual review meetings
6-8	Transition counseling	1,2,3	ASCA Mindsets & Behaviors  Components of College and Career Readiness  SEL, CDOS	Provide individual transitioning counseling, including programs for successful transition to middle school and high school	School counselors	Teacher reports  Parent and student feedback
6-8	"Say Something"	1,2,3	SEL, CDOS, ASCA Mindsets & Behaviors	Students have the opportunity to create an account to anonymously report in school or out of school incidents	School counselors, Physical Education Teachers	Student input



# High School

<b>SYOSSET CENTRAL SCHOOL DISTRICT SCHOOL COUNSELING/GUIDANCE PROGRAM DELIVERY MAP</b>						
<b>DISTRICT GOAL</b>						
<b>Grade Levels</b>	<b>Program Activity/Service With Target Students &amp; Timeline</b> <small>(Curriculum, small group, individual, planning, appraisal, crisis, consultation, referral, advisement)</small>	<b>Tier (1,2,3)</b>	<b>Student Standards</b> <small>(ASCA Mindsets &amp; Behaviors, CDOS, Health, FACS, SEL)</small>	<b>Program Objectives</b>	<b>Staff &amp; Resources</b>	<b>Assessment &amp; Evaluation Methods</b> <small>(process, perception, outcomes)</small>
9	Individual Appointments with Counselor	1-3	SEL, CDOS	9th grade students are able to make appointments to see us at their convenience throughout the school year to review their student record, talk about any social/emotional needs, set goals, and talk about career development and college aspirations.	School Counselors	Follow-up meetings, report cards, progress reports
9	Grade 9 Orientation Groups	1	SEL	Have an opportunity to begin forming a rapport with their counselor, learn about support services in the high school, talk about student report cards and transcripts, have discussions about goal setting, time management and organization, SEL, and have students think about responsible decision making	School Counselors	Student Response, Evaluation
9	Group Program Planning Meetings	1	SEL, CDOS	<ul style="list-style-type: none"> <li>-Review graduation requirements, sample schedule and options for the following year</li> <li>-Explore the value of taking electives and how they connect to career exploration</li> <li>-Learn the importance of continuing with all academic subjects for four years</li> <li>-Be educated about upcoming opportunities such as independent studies, internships, cooperative work experience, and the options for Career &amp; Technical</li> </ul>	School Counselors	Student Response

				<p>Education at BOCES</p> <ul style="list-style-type: none"> <li>-Learn demands of College and AP courses</li> <li>-Understand National Honor Society requirements, peer tutoring program and the attendance policy</li> </ul>		
9	Individual Program Planning Meetings	1	SEL, CDOS	<ul style="list-style-type: none"> <li>-Review 2nd quarter report card and midterm grades</li> <li>-Be encouraged to attend extra help, peer tutoring and math assist as needed</li> <li>-Discuss course requests, teacher recommendations for placement and course options across all subject areas</li> <li>-Register for classes</li> <li>-See student transcript and review their graduation requirements</li> <li>-Select electives</li> <li>-Review value of extracurricular involvement and emphasize depth of involvement</li> <li>-Discuss summer plans and opportunities and receive guidance in selecting internships, community service opportunities</li> </ul>	School Counselors	Student Response, Report Card, Data
9	Grade 9 Parent Workshop	1	SEL	<p>Review resources available to all 9<sup>th</sup> grade students, including courses, extracurricular opportunities, academic interventions, Naviance, career planning, BOCES</p> <p>Have a counselor break out session</p>	School Counselors	Parent Evaluations
9	Naviance <i>Achieveworks Personality</i>	1	CDOS, SEL	<p>Learn their personality profile and begin to explore career interest areas for elective options.</p>	School Counselors	Receive results that are saved to student's Naviance account

9	Student Support Groups	1	SEL	Open to all 9 <sup>th</sup> grade students. Examples: Bereavement Group, New Student Group, Study Skills Workshop, Breathe for Peace, Divorce Group, Substance Free Alliance, Stress Free Alliance, Stress Management Group, Executive Functioning Skills Group, Bring Change 2 Mind	School Counselors, School Psychologists	Student feedback, student progress
9	Interventions (Academic, Social/Emotional)	2-3	SEL, CDOS	MTSS, 504 meetings, IEP meetings	School Counselors, Administrators, Social Worker, School Psychologists, Dean, Nurse, Special Education Teacher	Outcomes can include a 504 plan, referral to CSE, parent meeting, referral to Castle Program, Academic Supports, Emotional Supports, Accommodations
9	Evening Counseling Sessions	1	SEL, CDOS	Counselors are available to meet with students and parents for three evenings each year for one hour appointments (3)	School Counselors	Conversations with student and parent
9	Individual Counseling	1-3	SEL, CDOS	Crisis counseling and referrals, high school transition, stress management, academic concerns, conflict resolution, anxiety, at-risk behaviors, abuse, social/emotional development	School Counselors, School Psychologists, Social Worker Teachers, Nurses	Meeting with students to monitor progress
10	Individual Program Planning Meetings	1	SEL, CDOS	Understand and review course selections for Junior year and review graduation requirements and transcripts.	School Counselors	

10	Grade 10 Parent/Student Workshop	1	SEL	To review resources available to all 10 <sup>th</sup> grade students including, courses, extracurricular opportunities, academic interventions, Naviance, Career Planning, BOCES. Counselor Break-out session.	School Counselors	Parents Evaluations
10	Grade 10 Naviance <i>Career Cluster Finder</i>	1	SEL, CDOS	Students take a career assessment inventory to explore potential career and college major interests in addition to possible elective choices while in HS. This is an introduction to the college search component of Naviance.	School Counselors	Receive a complete report of their results which saves to their Naviance account
10	Student Support Groups	2-3	SEL	Open to all 10 <sup>th</sup> students. Examples include: Bereavement Group, New Student Group, Study Skills Workshop, Breathe for Peace, Divorce Group, Substance Free Alliance, Stress Free Alliance, Stress Management Group, Executive Functioning Skills Group, Bring Change 2 Mind	School Counselors	Student feedback, student progress
10	Interventions (Academic, Social/Emotional)	2-3	SEL, CDOS	MTSS, 504 Meetings, and IEP Meetings	School Counselors, Administrators, Social Worker, School Psychologists, A-School Coordinator, Special Education Teachers, School Nurses	Outcomes can include a 504 Plan, referral to CSE, parent meeting, referral to A-School, Academic Supports (e.g., labs or workshops)
10	Evening Counseling Sessions	1	SEL, CDOS	At different times in the school year, counselors are available for three evenings. Each evening includes, three, one hour appointments available for students in grades 9-12	School Counselors	Conversations with parents and students covering a variety of issues from programming, to the college application process.

10	Study Skills Workshop	2	SEL	Lead three workshops across three days, teach note taking skills, test taking strategies, study skills, educate students about test anxiety reduction and review various ways to approach organization.	School Counselors	Progress reports, teacher feedback, grades.
10	Peer Helpers	1	SEL	10 <sup>th</sup> Grade component of the Peers as Leaders program. Serve as liaison to 2 classes, teach lessons on nutrition, happiness, and mindfulness, co-lead lessons on family dynamics and sibling rivalry and help with school walk-a-thon, participate in group discussions and interview process	School Counselors, Health teachers	Progress reports, teacher feedback, grades.
10	Taste of Tech Trip - BOCES	1	CDOS	Students have an opportunity to take a tour and learn about the many vocational courses of study at BOCES Barry Tech	School Counselors	Application process to be completed in the spring of sophomore year in anticipation for junior year
10	Individual Counseling	1-3	SEL, CODS	Crisis counseling and referrals, high school transition, processing behavioral consequences, stress management, academic concerns, eating disorders, conflict resolution, anxiety, at risk behaviors, abuse, social/emotional, personal development, etc.	School Counselors, Parents, Social Workers, School Psychologists, Mainstream teachers, TOR, Administration, School Nurses	Meeting regularly with students to monitor their progress.
10	Group Programming Lessons	1	CDOS, SEL	Meet with 10 <sup>th</sup> graders in a group to review graduation requirements, a sample schedule, options for the following year. Explore the value of taking electives and how they connect to career and college major choices, review NHS requirements, peer tutoring program, attendance policy, emphasize the demands of College and AP	School Counselors	Student Response

				level courses, independent studies, internships, cooperative work experience, and BOCES		
11	College Testing Workshop	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Students and parents are invited to learn about the SAT, PSAT and ACT tests, college admissions policies and procedures as well as registration information	School Counselors	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	College Planning Workshop	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Students and parents will understand all aspects of the college search and planning progress, including factors to consider when choosing a college, college testing requirements, college essays, letters of recommendation	School Counselors	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	Junior Planning Meetings	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Students and parents will understand all aspects of the college search and planning process on an individual basis. Their academic performance as well as their extracurricular involvement, teacher letters of recommendation and testing scores will be discussed. Counselor may review previous outcomes from career assessments completed in Naviance - "Do What You Are" and "Cluster Finder" - in discussion of possible college majors and programs of interest.	School Counselors	Student and parent feedback.

11	College Night	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	More than 100 college admissions representatives come to SHS and meet with prospective families. College counselors participate in an admissions panel to address all aspects of the application process. The goal is to provide insight into the process as well as key information about a variety of colleges of interest to students and their parents.	School Counselors and College Admissions Counselors and Representatives	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	Financial Aid Night	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	A financial aid representative from a local college describes the process of applying for financial aid in detail and addresses the information required for the FAFSA and CSS profile. The goal is to educate and prepare families applying for financial aid.	School Counselors and College Financial Aid Officer from a local college	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	College Essay Writing Workshop	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	In the spring, counselors describe the Common Application essay prompts and dos/don'ts for writing a strong college essay with a goal of allowing students to brainstorm their own essays. In the fall, counselors meet with students in small groups to workshop essays.	School Counselors	Student and parent feedback.

11	PSAT Score Report Review Sessions	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Counselors are available to meet with students to review students score reports and answer any questions they may have about their PSAT scores and any other testing questions they may have.	School Counselors	Student and parent feedback.
11	Special Education College Transition Night	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Students with IEPs and 504 plans and their parents are invited to an evening presentation to learn about the college application process as well as how to receive services once in college.	School Counselors, Special Education Staff, Representative from local college	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	Junior Planning Guide	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Students and parents are given an array of resources to learn about the college process. The timeline for the process as well as all of the steps students and parents need to take in researching and applying to schools are outlined.	School Counselors	Student and parent feedback.
11-12	ACCES-VR Meetings	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Counselors help students to set up meetings with the ACCESS counselor. Counselors facilitate the application process, meetings about how to ensure students receive the services and accommodations they need after high school to transition.	School Counselors	Student and parent feedback.
11	Individual Programming Meetings	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness	Counselors will meet with their students first in a group setting to discuss the programming process as well as course selections, teacher recommendations and course expectations and	School Counselors	Student and parent feedback.



			Counseling, SEL, CDOS	requirements. Counselors will also discuss elective options and how to best choose their electives. AP and college level course options will be discussed as well as the benefits and expectations of these courses. Counselors will discuss with students the importance of balance, work ethic and responsibilities. Each student will then meet individually with their counselor to discuss their personal course selections and recommendations.		
11	Student-Athlete Workshop	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	The school counselors educate Student Athletes and their parents about the college recruitment process for Division I, II and III schools. The process, its timeline and suggestions are provided to ensure students and parents have the information and guidance they need to communicate effectively with coaches, teams and universities. This workshop helps to ensure students find the right athletic and academic fit.	School Counselors, Athletic Director, coaches from the high school and colleges.	Parents and students provide feedback in the form of evaluation forms. These responses are reviewed and used as a guide for upcoming presentations and workshops.
11	Review of Student Records	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Attendance - Counselors meet with students regarding attendance as well as notify parents when a student is in jeopardy.  Behavior and Discipline - Meet with student and Administrative Assistant when a student does not follow the code of conduct.  Interim reports and report cards - Counselors meet with students to discuss academic progress after interim reports and report cards are released.	School Counselors	Data, parent/student feedback

				<p>State Assessments- Counselors meet with students after the results of the state exams to discuss the need for AIS.</p> <p>Progress towards graduation - Counselors keep graduation requirement records for each student. Each year during the individual programming meeting, the counselor discusses these requirements and how they are being met.</p> <p>Parent/Guardian input - Counselors are in constant contact with parents via telephone calls, emails, mailings and newsletters to keep them apprised of student progress and upcoming events.</p>		
11	Naviance Groups	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling	<p>Follow up to Junior Planning Meetings. Counselors meet with students in small groups to teach them how to use Naviance Student. Help students create Common Application accounts and understand the components of their college applications so they are best prepared to apply in the fall.</p>	School Counselors	Student and parent feedback.
11	Support Services	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	<p>Open to all 11<sup>th</sup> grade students.  Examples: Bereavement Group, New Student Group, Study Skills Workshop, Breathe for Peace, Divorce Group, Substance Free Alliance, Stress Free Alliance, Stress Management Group, Executive Functioning Skills Group, Bring Change 2 Mind</p> <p>MTSS - Counselors meet with a team to discuss any concerns regarding students'</p>	School Counselors, Assistant Principal, Nurse, Administrative Assistant, School Psychologists, Drug and Alcohol Counselor, Social Worker, Special Education lead teacher	Student, teacher and parent feedback.

				academic, social emotional or behavioral challenges.		
12	College Boot Camp	1	College and Career Readiness	Assist seniors in the college application process, including college essay writing	School Counselors	Student Evaluations
12	Counselor Specific Senior Meetings	1	College and Career Readiness	To review college application process, testing information and senior concerns in small groups	School Counselors	Student Feedback
12	Grade 12 Naviance Groups	1	College and Career Readiness	Review Naviance and Common Application procedures regarding matching the accounts, inviting teachers for letters of recommendation, etc.	School Counselors	Naviance Feedback from student
12	College Application Workshop	1	College and Career Readiness, SEL, ASCA Mindsets	Evening program offered to parents and seniors to review their understanding of the college application process, followed by small groups with their counselor	School Counselors	Evaluation
12	Program Changes	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	To enable students to meet with greater measures of success	School Counselors	Progress reports, data, attendance, MTSS, IEP, 504, and student feedback
12	Ongoing individual scheduling appointments	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	To ensure graduation requirements are met and diploma types are determined	School Counselors	Progress reports, data, attendance, MTSS, IEP, 504, and student/parent feedback

12	Financial Aid Night	1	College and Career Readiness, SEL, ASCA Mindsets	An evening program for parents and students providing an overview of the financial aid process and a step by step review of how to complete the FAFSA.	School Counselors	Evaluations
12	Naviance home page updates/video links relevant to seniors	1	College and Career Readiness	College Admission Representative visits to the Guidance Resource Center, scholarship updates, financial aid video links, testing information and all other pertinent information for seniors and their parents	School Counselors	parent/student feedback
12	Ongoing college counseling meetings with individual students and or parents	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Assisting students with the college application process focusing on decreasing anxiety and increasing self-confidence and self-esteem.	School Counselors	Parent/Student Feedback
12	Counselor letters of recommendation for each senior	1	College and Career Readiness	Write letters of recommendation highlighting student's strengths, character and academic and personal potential	School Counselors	University feedback
12	Meet with over 100 College Admissions Representatives	1	College and Career Readiness	Help facilitate Q & A, and gather up to date information on each college, & to develop relationships with each admissions representative.	School Counselors	College/Student/Parent Feedback

12	Process over 5,000 college applications	1	College and Career Readiness	Review & submit school documents (high school transcript, recommendations, secondary school report, school profile)	School Counselors	Parent/Student admissions response, College admissions decisions
12	College Essay Writing Workshop	1	College and Career Readiness, ASCA Mindsets	Explore potential topics and essay writing styles. Offer suggestions to develop their college essay and provide feedback.	School Counselors	English Teacher Feedback, student/parent
12	Interview workshop for college/employment	1	College and Career Readiness	Students learn and practice interviewing techniques to help reduce anxiety, increase confidence & polish skills.	School Counselors	Evaluations
12	Scholarships	1	College and Career Readiness	Advertise monthly scholarship opportunities through the senior bulletin to encourage seniors to apply. Explore and promote scholarship websites. Process scholarship applications.	School Counselors	Scholarship Results
12	Alumni Day	1	SEL, ASCA Mindsets, College and Career Readiness	Former Syosset HS graduates come back to speak on a panel to seniors about their college experiences. Counselors ask meaningful questions to facilitate discourse.	School Counselors	Alumni and Student evaluations
9-12	MTSS Meetings	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS, MTSS	Present a student's academic and social/emotional needs, make recommendations as needed. Example- 504/CSE referrals, program change, academic workshop, outside counseling, parent meeting, condensed schedule, support groups, individual counseling.	School counselors, administrators, social worker, school psychologists, special education teachers, school nurses	Progress Report data, teacher feedback, testing results, student/parent response

9-12	CSE Meetings/Annual Review Meetings	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS, MTSS	As a team discuss student progress, review goals and graduation requirements	School Counselors	Progress Report data, teacher feedback, testing results, student/parent response, IEP Goals
9-12	504 Meetings	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS, MTSS	As a team discuss student progress, review goals and graduation requirements.	School Counselor, School Psychologist, Nurse, Assistant Principal	Progress Report data, teacher feedback, testing results, student/parent response, 504 accommodation review, medical review (if necessary)
12	Special Education Exit Meetings	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Meet to ensure student is set with all necessary documentation for post high school plans, and ensure that students and parents understands procedures to for obtaining services in college is desired.	School Counselor	Progress Report data, teacher feedback, testing results, student/parent response
12	Senior Day	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Fun day with senior class broken into multiple sections, ex: students choose college related seminar to attend ex: Greek Life, Attending School in the City, Managing Finances and Credit Cards, Being A Student Athlete...  -Motivational Speak  -Yearbook distribution  -Lunch with DJ	School Counselor	Student evaluations

12	Senior College Planning Guide	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Review all steps and questions of the college application process to ensure correct and timely submissions.	School Counselor	Parent/Student evaluation
12	Senior Google Classroom/Remind App	1	College and Career Readiness	Keep students on track with deadlines and remind students of things they need to do.	School Counselor	Parent/Student Feedback
12	College Conferences/Workshops	1	College and Career Readiness	To keep up to date on the most current college admissions standards and programs.	School Counselor	Professional Development
12	English Language Partners	2	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	ENL students are paired with American born students to practice conversational English. Students also assist ENL students in acclimating to American culture and becoming an integral part of our SHS community	School Counselor	Student Evaluations
9-12	<ul style="list-style-type: none"> <li>- ESL college counseling, application processing, and meetings with interpreters</li> <li>- Bilingual social worker referrals</li> <li>- Bilingual psychological and ed eval</li> <li>- Native language tests</li> <li>- Organize testing accommodations for ENL</li> </ul>	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	To inform ENL parents about all programs and evaluations pertaining to their child to ensure academic and SEL development, along with positive college outcomes. Counselor works collaboratively with ENL teachers.	School Counselor	Parent/Student Feedback

	<p>and former ENL students=65</p> <ul style="list-style-type: none"> <li>- Review NYSESLAT scores for placement</li> <li>- Colleges with language immersion programs</li> <li>- Colleges with ESL support</li> </ul>					
11-12	BOCES	1-3	<p>ASCA Mindsets &amp; Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS</p>	<p>Help students in full or half day programs which vary case to case.</p>	School Counselor	Parent/Student Feedback
12	Guidance Newsletter	1-3	<p>ASCA Mindsets &amp; Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS</p>	<p>Emailed bi-monthly to every family in the district, to share valuable information that pertains to Guidance,</p> <p>Ex: scholarships, Standardized Testing</p>	School Counselor	Parent Feedback
12	Home Instruction	2-3	<p>ASCA Mindsets &amp; Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS</p>	<p>Coordinate services between school and home to ensure successful completion of graduation requirements.</p>	School Counselor	Parent/Student Feedback, HI teacher reports and data



10-12	Proctor PSAT/SAT/ACT and AP examinations	1	College and Career Readiness	Supervise students as they take their exams.	School Counselor	Student Feedback
11-12	College Planning Guide for Students with Learning Differences	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	This guidebook provides information about specific learning services/programs at over 100 colleges	School Counselor	Parent/Student Feedback
9-12	Consult with a Psychologist, Social Worker and outside counseling agencies	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Consult on all cases to help students and families academically, socially and emotionally.	School Counselor	Progress Report data
12	Maintain Student Graduation Cards	1	College and Career Readiness, CDOS	To ensure graduation requirements.	School Counselor	Graduation
12	National Honor Society Induction Ceremony	1	College and Career Readiness	To honor students that maintained the highest standards throughout high school.	School Counselor	evaluation of program
12	Evening College Counseling	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	To offer parents an opportunity to see us if desired beyond the school day if needed.	School Counselor	Parent Evaluation

9-12	Student Support Groups	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Open to all 12 <sup>th</sup> grade students. Examples: College Essay Workshop, Interviewing Skills, Bereavement Group, New Student Group, Study Skills Workshop, Breathe for Peace, Divorce Group, Substance Free Alliance, Stress Free Alliance, Stress Management Group, Executive Functioning Skills Group, Bring Change 2 Mind	School Counselor	Evaluation
9-12	NHS/ENL Language group support	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	National Honor Society students provide ongoing group activities with ENL students to build connections and foster a positive experience for ENL students as they transition	School Counselor/Peer Tutor	Student Feedback
12	ENL individual counseling	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL,	Counselor provides on-going supportive counseling to ENL students and their parents along with the support of our bilingual Social Workers.	School Counselor	Parent/Student Feedback
12	International college counseling	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	For students looking to attend college outside the U.S. the application process is very different.	School Counselor	Parent/Student Feedback, College Response

12	International application processing	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	For students looking to attend college outside the U.S. The process is very in-depth and takes a great amount of time and planning	School Counselor	Parent/Student Feedback, College Response
12	Senior Stop and Chat	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Counselor organized an event for seniors to stop by during their lunch periods in small groups to discuss transitioning to college, while enjoying light refreshments	School Counselor, students, teachers	Student Feedback
12	Show Your Appreciation Day	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Counselor and Kristin Fuchs developed <i>How Do You Show Appreciation Day</i> .  In the spirit of cross-cutting and as an extension of PRIDE. Life skills students took a leadership role in the development of this program and in every aspect of its implementation. A goal was to provide students an opportunity to reflect on how they show appreciation they will become more mindful and aware of the feelings of others. <b><i>How Do You Show Appreciation Day</i></b> encourages students to connect with each other through self-reflection, positive action, and building a sense of community.	School Counselor, Teachers, students	evaluation
12	Senior Google Classroom	1	ASCA Mindsets & Behaviors - Components of College and Career	Counselor developed a resource to communicate with our seniors. In Google Classroom the following topics are covered:	School Counselor	Parent/Student Feedback

			<p>Readiness Counseling, SEL, CDOS</p>	<ul style="list-style-type: none"> <li>--Activity Resume</li> <li>--College Essay Workshop</li> <li>--College Admissions Video</li> <li>--College Essay Tips</li> <li>--College Essay Video</li> <li>--College Testing Calendar</li> <li>--Colleges which exclusively use the Coalition Application</li> <li>--College with Rolling Admissions</li> <li>--Deadline Dates</li> <li>--Match Common Application with Naviance Account/FERPA Release Authorization</li> <li>--Parent/Student Evening Workshops</li> <li>--Questions for College Representative</li> <li>--SAT/ACT Test Optional or Test Flexible</li> <li>--Senior College Application Checklist</li> <li>--Teacher Recommendations</li> </ul>		
12	LGTBQUIA college planning resource guide	1	<p>ASCA Mindsets &amp; Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS</p>	<p>Counselor developed an extensive college planning guide to assist students in meeting their unique needs in choosing colleges.</p>	School Counselor	Evaluation
12	Post-secondary opportunities for students with Autism	3	<p>ASCA Mindsets &amp; Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS</p>	<p>Counselor developed resources to provide students with guidance about post high school options to meet their unique needs.</p>	School Counselor	Parent/Student Evaluation

12	Alternative programs: Mill Neck, Suffolk BOCES for pregnant teenagers, TASC	3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Resources for students who have alternative needs to succeed	School Counselor, Psychologist, teacher	Parent/Student Response
12	Senior Application Guide	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	To provide seniors with a review book of the college application procedures.	School Counselor	Parent/Student Response
12	National Merit Scholarship	1	College and Career Readiness	Complete counselor application section for students who are recognized as semi-finalists in the National Merit Program.	School Counselor	Parent/Student Response
9-12	Cross-cutting classroom projects-UNITY campaign	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Counselor met with teachers and students to develop ideas to create community throughout the building. Creative posters were designed depicting SHS Unity through Diversity. We are all part of the BIG PICTURE	School Counselor, students, teachers	Faculty/Student response
10-12	CASTLE referrals 504 referrals Special Ed referrals	2-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Identify and present individual at-risk student to building team. Discuss and implement strategies	School Counselor, teachers, School Psychologists, Special Education Teachers, Social Worker	Progress Reports, Teacher Reports, Attendance, parent/student feedback

12	Transition counseling	1-3	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL, CDOS	Provide individual college transitioning counseling, including exploring affective domain, how to survive freshman year, study strategies etc...	School Counselor, Psychologist, Social Worker, teacher	Progress Reports, Teacher Reports, Attendance, parent/student feedback
12	Senior PAL classes	1	ASCA Mindsets & Behaviors - Components of College and Career Readiness Counseling, SEL	Teach lessons in the wellness classes. Help facilitate Junior Day groups. Teach lessons to 9th graders on conflict resolution.	School Counselor	Student/Teacher Feedback