

Syosset Central School District

Pre-Approved Birthday Snack List

The Syosset Central School District has established a pre-approved snack list for classroom birthday parties consistent with the Student Health Services Policy. Please note that not every item on the list will be appropriate for each class and classroom teachers will narrow the list of items from which students may choose. The school will establish food choices in advance that include at least one food that is safe for any student in the class. This is a peanut and tree nut free list and some items are brand-specific. All items listed below must be in original, sealed packaging with the ingredient label. Home-baked goods and those that are not commercially pre-packaged and labeled are not permitted.

Allergens are indicated in parentheses.

Bold type denotes new items added to the list.

Fruit and Vegetables

Fruit cups – Del Monte, Dole

Fresh fruit – packaged, store-bought, whole fruit

Applesauce cups

Fresh vegetables – store-bought

Salty Snacks

Bagels – (wheat, eggs, seeds, dairy, soy)

Goldfish crackers – Pepperidge Farm (wheat, dairy)

Pretzels - Rold Gold, Snyder's, Utz (wheat); Gluten-free pretzels : Snyder's, Utz

Potato Chips – Wise Classic plain (soy), Lay's Classic (soy), BBQ, salt & vinegar, Ruffles

Skinny Pop popcorn

Cookies and Sweets

Cybele's cookies

Lofthouse cookies – must have nut-free label (dairy, egg, wheat, soy)

Oreo cookies – Original and Double Stuff (wheat, soy)

Chips Ahoy - Chocolate Chip, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini (dairy, wheat, soy)

Enjoy Life cookies

Teddy Grahams (wheat, soy)

Kinnikinnick K-Toos (soy lecithin, egg)

Kellogg's Rice Krispie Treats - original pre-packaged (dairy, soy)

Everyday Favorites/Maplehurst Bakery cupcakes - Must have nut-free symbol (dairy, wheat, egg, soy)

Treasure Mills/School Safe cupcakes, mini bars (dairy, wheat, egg, soy)

Hostess Donettes – (wheat, egg, dairy, soy)

Joey's Black and White cookies (wheat, egg, dairy, soy)

Zucker Baker's pre-packaged cakes and cookies (wheat, egg)

Izzi B's cakes

Betty Crocker Fruit by the Foot, Fruit Roll-Ups, Fruit-Flavored snacks

Homefree cookies (oats)

Stop and Shop Nature's Promise brand gluten-free sandwich cookies (soy, egg)

Frozen treats and toppings

Ices – *Philly Swirl* Ices, *Luigi's*, Popsicle
A La Mode ice cream- pints, bars, cups (**dairy**)
Hershey Syrup
Ready Whip Whipped Cream Original (**dairy**)

Pudding/Jello

Jello Pudding – chocolate, vanilla, swirl (**dairy**), *Jello* gelatin (**soy**)
Snackpack pudding– lemon, strawberry, lemon meringue

Candy Items

Hershey Bars - 1.55 oz bars only (**dairy**)
Hershey Kisses – Original, Dark (**dairy**)
Jet Puff Marshmallows
Starbursts
Skittles
Twizzlers (**wheat**)
Swedish Fish
Sour Patch candies

Please check the ingredients at the time of purchase because the labeling can change without notice.