

# Pre-Approved Safe Snack List

The Syosset Central School District has established a pre-approved safe snack list for classroom celebrations consistent with the [Student Health Services Policy](#).

**Please note that not every item on the list will be appropriate for each class.**

Classroom teachers will work with the school nurse to narrow the list of items from which safe snacks may be chosen. The school will establish safe snack food choices in advance that include at least one safe snack that is safe for any student in the class.

This is a peanut and tree nut free list and some items are brand-specific. All items listed below must be in original, sealed packaging with the ingredient label. Food items must not be wrapped in “goodie bags” as it prevents visual inspection by the school nurse.

Home-baked goods and those that are not commercially pre-packaged and labeled are **not** permitted (i.e. cookies from the local bakery).

Allergens are indicated in the list below in parenthesis.

## Cookies and Sweets

- Cybele's cookies
- Lofthouse cookies *Must have nut-free label* (dairy, egg, wheat, soy)
- Oreo cookies: Original and Double Stuff (wheat, soy)
- Chips Ahoy: Chocolate Chip, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini (dairy, wheat, soy)
- Enjoy Life cookies
- Teddy Grahams (wheat, soy)
- Kinnikinnick K-Toos (soy lecithin, egg)
- Kellogg's Rice Krispie Treats - original pre-packaged (dairy, soy)
- Everyday Favorites/Maplehurst Bakery cupcakes *Must have nut-free symbol* (dairy, wheat, egg, soy)
- Treasure Mills/School Safe cupcakes, mini bars (dairy, wheat, egg, soy)
- Hostess Donettes (wheat, egg, dairy, soy)
- Joey's Black and White cookies (wheat, egg, dairy, soy)
- Zucker Baker's pre-packaged cakes and cookies (wheat, egg)
- Izzi B's cakes
- Betty Crocker Fruit by the Foot, Fruit Roll-Ups, Fruit-Flavored snacks
- Homefree cookies (oats)
- Stop and Shop Nature's Promise brand gluten-free sandwich cookies (soy, egg)

### pudding/Jell-O

- Jell-O Pudding: chocolate, vanilla, swirl (dairy)
- Jell-O gelatin (soy)
- Snackpack pudding: lemon, strawberry, lemon meringue

### Fruit and Vegetables

- Fruit cups: Del Monte, Dole
- Fresh fruit: packaged, store-bought, whole fruit
- Applesauce cups
- Fresh vegetables: store-bought & commercially pre-packaged

### Salty Snacks

- Goldfish crackers - Pepperidge Farm (wheat, dairy)
- Pretzels: Rold Gold, Snyder's, Utz (wheat)
- Gluten-free pretzels: Snyder's, Utz
- Potato Chips: Wise Classic plain (soy), Lay's Classic (soy), BBQ, salt & vinegar, Ruffles
- Skinny Pop popcorn

### Frozen Treats and Toppings

- Ices: Philly Swirl Ices, Luigi's, Popsicle
- A La Mode and Breyers ice cream - pints, bars, cups (dairy)
- Hershey Syrup
- Ready Whip Whipped Cream Original (dairy)

### Candy Items

- Hershey Bars – Full size 1.55 oz bars only (dairy) [*\*\*Snack size is not approved due to manufacturing cross-contamination.*]
- Hershey Kisses - Original, Dark (dairy)
- Jet Puff Marshmallows
- Starbursts
- Skittles
- Twizzlers (wheat)
- Swedish Fish
- Sour Patch candies

***\*\* Please check the ingredients at the time of purchase as the labeling can change without notice. \*\****