

Syosset Central School District

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Dear Parents or Guardians:

As part of your child's required school physical examination, his/her weight and height will be included on the physical examination form. These numbers are used to figure out the student's Body Mass Index or "BMI". The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low.

Recent changes to the New York State Education Law require that BMI and weight status group information be reported to the Department of Health. No names or information about an individual student is sent, only summary information is provided; however, you may choose to have your child's information excluded from this survey report.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey, please print and sign your name below and return the form to the School Nurse.

Body Mass Index (BMI) Weight Status Information Parent Opt-Out

Please do not include my child's weight status information in any School Survey.

Print Child's Name

Date

Grade

School

Print Parent's Name

Parent's Signature