



This year, there is such a thing as
FREE LUNCH FOR all students
 and breakfast! #eatwellk12



**Syosset CSD
 Elementary School
 Lunch Menu
 January 2022**

This Institution is an Equal Opportunity Provider

<p>3 Cheeseburger on WG Bun Fresh NY-Style Bagel w/ String Cheese V "Cuties" Orange Baby Carrots</p>	<p>4 Chicken Tenders* Turkey Chef Salad* Apple Slices Mexicali Corn Salad</p>	<p>5 Grilled Cheese Melt on WG Bread V Ham & Cheese Sandwich on WG Bread (P) Pear Spinach Salad</p>	<p>6 Breaded Chicken Sandwich /WG Bun Chicken Caesar Salad* Apple Slices Cucumbers</p>	<p>7 Cheese Pizza V Turkey & Cheese Sandwich on WG Bread "Cuties" Orange Chickpea Salad</p>
<p>10 Cheeseburger on WG Bun Fresh NY-Style Bagel w/ String Cheese V "Cuties" Orange Baby Carrots</p>	<p>11 Chicken Tenders* Turkey Chef Salad* Apple Slices Mexicali Corn Salad</p>	<p>12 WG French Toast Sticks & 2 Chix Sausage Patty with Syrup Ham & Cheese Sandwich on WG Bread (P) Pear Romaine Salad</p>	<p>13 Chicken Nuggets* Chicken Caesar Salad* Apple Slices Celery Sticks</p>	<p>14 Cheese Pizza V Turkey & Cheese Sandwich on WG Bread "Cuties" Orange Black Bean Salad</p>
<p>17 Martin Luther King Jr. Day No School</p>	<p>18 Chicken Tenders* Fresh NY-Style Bagel w/ String Cheese V Apple Slices Baby Carrots</p>	<p>19 Homemade Macaroni & Cheese* V Ham & Cheese Sandwich on WG Bread (P) Pear Spinach Salad</p>	<p>20 Chicken Meatball Parmesan on WG Hero Chicken Caesar Salad* Apple Slices Cucumbers</p>	<p>21 Cheese Pizza V Turkey & Cheese Sandwich on WG Bread "Cuties" Orange Chickpea Salad</p>
<p>24 Cheeseburger on WG Bun Fresh NY-Style Bagel w/ String Cheese V "Cuties" Orange Baby Carrots</p>	<p>25 Chicken Tenders* Turkey Chef Salad* Apple Slices Mexicali Corn Salad</p>	<p>26 Grilled Cheese Melt on WG Bread V Ham & Cheese Sandwich on WG Bread (P) Pear Romaine Salad</p>	<p>27 Chicken Nuggets* Chicken Caesar Salad* Apple Slices Celery Sticks</p>	<p>28 Cheese Pizza V Turkey & Cheese Sandwich on WG Bread "Cuties" Orange Black Bean Salad</p>
<p>31 Cheeseburger on WG Bun Fresh NY-Style Bagel w/ String Cheese V "Cuties" Orange Babv Carrots</p>				

Meal Price: Breakfast and lunch meals are **FREE** for all students through June 30, 2022. A la carte items such as snacks and bottled water are **NOT** part of the program, and therefore, student accounts will be charged for those items.
Adult Lunch Meal: \$4.78+tax

More Info...
Daily Milk Offerings:
 1% White, Fat Free Chocolate (all antibiotic & hormone free)
Daily Vegetable Offerings: Baby carrots and French Fries or Tater Tots (alternating days)
Available Daily Sandwiches: Sunflower Seed Butter w/ Jelly Sandwich; Cheese Sandwich; both on WG bread
Bagel Meal: Fresh NY-Style Bagel w/ 2 cheese sticks OR all-natural yogurt & 1 cheese stick
Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats
Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.
 -Meat/Meat Alternate -Vegetable
 -Whole Grain Item -Fruit
 -Milk