

Syosset Central School District

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Berry Hill Weekly Buzz



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Tennis Anyone?



With lifetime fitness being a main part of our Physical Education Program, tennis has taken Berry Hill by storm. As the summer approaches, is there a better outside family sport than tennis?

The students at Berry Hill have been playing tennis in all different variations. The students in kindergarten and first and second grades have been learning all different types of racquet skills. From the basics, such as how to hold the racquet, to hitting different types of strokes (backhand and forehand).

In third, fourth, and fifth grades, the students have been learning basic strokes that will lead to competitive matches and then into an incredible tennis tournament. The students learned the importance of footwork and early preparation as it relates to proper tennis positioning. These are the basic skills needed in order to have a great time on the tennis court or just to practice hitting against a wall. Through tennis, the students will also understand the importance of balance, hip rotation, seeing the ball early, and the meaning of "hitting through the ball", which are terms they hear in so many other sports.

So, as the warm weather starts to head our way, try going outside and enjoy the sport that has brought so much fun to all the students here at Berry Hill. And remember...Play Fair, Be Safe, and Have Fun!

Dates to Remember

- Grade 5 Parent Health Preview Video: Monday, April 20, 2015, 7PM, South Grove School
- Grade 2 Trip to Northport Theatre: Tuesday, April 21, 2015
- NYS Grade 3, 4, & 5 Mathematics Test: Wednesday, Thursday, & Friday, April 22, 23, & 24, 2015
- PTA Kindergarten Orientation: Saturday, April 25, 2015, 9:30 – 11:00 AM

Have a wonderful weekend!

Sincerely,

Joanne Mannion, Principal